



Martin Army Community Hospital:

- To place a secure message with the child's provider team visit <http://www.relayhealth.com>, use Tricare Online <https://www.tricareonline.com>
- Call the appointment line (**762-408-2273**) to schedule an appointment at a Primary Care clinic.
- Community Health Nursing is another resource for questions and assistance at **762-408-1420**.

24 hr.
Maintenance
(706) 685-3929

Community Management Offices
East Main Post (706) 685-3925
Indianhead Village (706) 685-3933
Davis & Bouton Villages (706) 685-3940
Custer & Upatoi Villages (706) 685-3930
McGraw Village (706) 685-3935
Patton Village (706) 610-5500
www.villagesofbenning.com

Additional Resources:

CDC Information About Lead in Water:
<https://www.cdc.gov/nceh/lead/tips/water.htm>

CDC's Childhood Lead Poisoning Prevention Program
<https://www.cdc.gov/nceh/lead/about/program.htm>

Environmental Protection Agency
<https://www.epa.gov/lead>

ICE Website:
https://ice.disa.mil/index.cfm?fa=site&site_id=256



Lead Exposure

Family Risk Assessment

Information Guide

Lead Exposure Risk Assessment

Know the exposure		Assess the risk	Mitigate your risks	Additional Mitigation
Is there lead in your home?	House built before 1978	Paint chipping or peeling	Keep small children away from the area.	Contact the Villages of Ft. Benning's 24hr Maintenance: (706) 685-3929
		Fine paint dust released during renovations, work orders, wear over time, etc.	Wipe up with a wet napkin/towel. Wash hands with soap and water after clean up.	See a primary care physician for any changes in conditions or contact Community Health Nursing for questions and assistance at (762)-408-1420
	Plumbing, Pipes and faucets (pre-2014)	Fixtures manufactured before 2014	Let the water run for 90 seconds before using for cooking or drinking.	Contact Columbus Water Works Customer Service to schedule a water test at: (706) 649-3400
		Plumbing solder used to connect pipes	Use only cold water for cooking; let the water run for 90 seconds before using.	
		Service lines connected to house contain lead	Conduct a water test to ensure lead levels are below threshold.	
	Have you been exposed to lead?	Work/Employment (MOS)	Spouse works with ammunition	Conduct proper hygiene before playing with children; wash clothes and duty uniforms separately; wash hands with soap and water.
Spouse works on a firing range				
Spouse is a mechanic or plumber				
Hobbies		Work with batteries		
		Leaving fishing gear unattended	Safely secure all fishing gear and keep out of reach from children.	If you notice any changes in conditions contact Community Health Nursing for questions and assistance at (762)-408-1420 . To place a secure message with the child's provider team visit http://www.relayhealth.com , or use Tricare Online https://www.tricareonline.com . You can call the appointment line (762)-408-2273 to schedule an appointment at a Primary Care clinic.
		Work on your own POV	Conduct proper hygiene before playing with children; wash clothes separately	
		Lead crystal & Pottery collecting	Do not microwave, bake, store food in pottery or lead crystal	
Making jewelry that has lead or working with solder		Secure all materials with child resistant locks		
Children's toys		Toys manufactured outside the U.S.	Check for recalls and remove/dispose of toys that contain lead	If you notice any changes in conditions contact Community Health Nursing for questions and assistance at (762)-408-1420 . go to www.cpsc.gov for any toy recalls
		Antique toys	Keep out of reach of children	
		Costume jewelry made with lead	Secure and keep out of reach from children	
Exposure to soil		Contaminated soil near homes	Prevent children from playing in bare soil; avoid drip lines from older homes	Mark area and contact the Villages of Ft. Benning's 24hr Maintenance (706) 685-3929
	Contaminated soil at firing ranges	Remove shoes when entering your home, conduct proper hygiene before playing with children and wash clothes separately	Change clothing at unit area and shower before returning home. Place uniform in plastic bag and wash separately	
Foods	Beverages	Apple and grape juice products may contain lead at higher than normal federal drinking water standards	For any food concerns, check the FDA website for updates on recalls and warnings https://www.fda.gov/Safety/Recalls/default.htm	
	Foreign/Exotic Foods/Chocolate	Foods may have been grown near old barns that were coated with lead paint		

NOTE: If you think you may have been exposed to lead, have your children tested for lead exposure by scheduling a simple blood test with your doctor or health specialist. Use this worksheet when communicating with your primary care manager in order to identify any possible contact that may have occurred. To have your home tested by a certified professional by contacting 1-800-424-LEAD (5323) or visiting www.epa.gov/lead. If you rent, find out if your landlord has checked your home for lead.